

# Courage to Care Courage to Talk



## About War Injuries

- Are you talking about the injury?
- What have you told your children?
- Do you know what questions to ask healthcare providers?

Visit [CourageToTalk.org](http://CourageToTalk.org) for information, resources and support.



The Center for the Study of Traumatic Stress (CSTS) ([CSTSONline.org](http://CSTSONline.org)) is part of the Uniformed Services University's Department of Psychiatry, located in Bethesda, Maryland, and a partnering center of the Defense Center of Excellence (DCoE) for Psychological Health and Traumatic Brain Injury.

